

HR & Employment Law Training Courses



SUPPORTING YOUR BUSINESS IN 2025



Managers who have the knowledge, confidence and ability to handle employee relations effectively within the law are a valuable asset to your business. They will save you time and money, and ensure a consistent approach in your organisation. Our training sessions are generally run in conjunction with the Employment Law team at Ashtons Legal to provide attendees with the full picture of their chosen topic.

SEXUAL HARASSMENT PREVENTION DUTY FOR MANAGERS

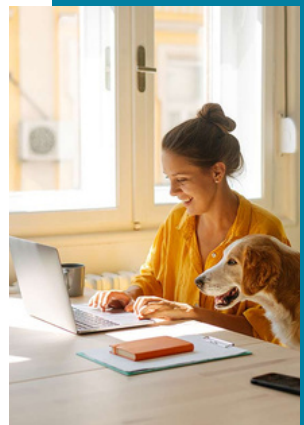
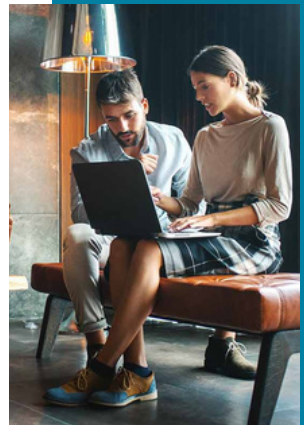
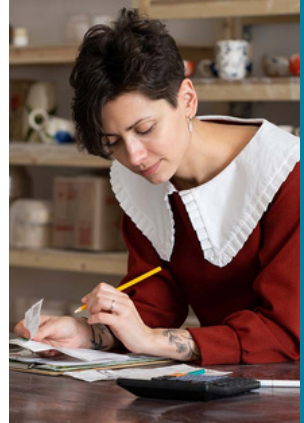
Are you prepared to prevent sexual harassment in your workplace? This workshop provides practical guidance on how to create a safe and respectful work environment. You'll learn how to recognise and address signs of harassment, develop effective policies and procedures, and investigate and respond to complaints.

Short online workshop
30 January 2025 | 10 - 11.30am

MENOPAUSE AND THE WORKPLACE: MANAGER GUIDANCE

The menopause is a natural stage of life which affects most women and other people who have a menstrual cycle. This workshop will look at the importance of managing the effects of the menopause at work and is designed to equip managers with the confidence to have conversations with employees about the menopause and understand their role when it comes to offering support. We will look at the relevant legislation and how it applies throughout the session.

Short online workshop
27 February 2025 | 10 - 11.30am



FOSTER A CULTURE OF INCLUSION: DIVERSITY AND EQUALITY TRAINING

Enhance your organisation's culture of inclusion with this practical workshop. You'll gain a deep understanding of diversity, equality, and discrimination law, as well as practical strategies to prevent and deal with harassment and bullying.

Short online workshop

13 March 2025 | 10 - 11.30am

NAVIGATING DIFFICULT CONVERSATIONS: DISCIPLINARIES AND GRIEVANCES

This workshop provides practical guidance on navigating the complex world of disciplinary and grievance processes. You'll learn how to handle these situations effectively, minimise legal risks, and maintain positive employee relations.

Half-day online workshop

24 April 2025 | 10 - 1.00pm

HOW TO CARRY OUT REDUNDANCY AND RESTRUCTURING CONSULTATIONS

This workshop provides essential guidance on navigating the complexities of redundancy and restructuring procedures. You'll learn how to minimise legal risks, maintain positive employee relations, and handle redundancies with confidence.

Short online workshop

15 May 2025 | 10 - 11.30am

APPRAISALS AND PERFORMANCE MANAGEMENT

This workshop equips line managers with the essential skills to drive employee performance. You'll explore the legal framework, effective feedback techniques, coaching strategies, and approaches to managing both high and low performance.

Short online workshop

20 November 2025 | 10 - 11.30am

SUPPORTING NEURODIVERSITY AND MENTAL WELLBEING IN THE WORKPLACE

This workshop equips you with the skills to manage neurodiverse individuals or individuals with mental health conditions. You'll learn to foster a positive environment and ensure reasonable adjustments are carried out. This training will cover a range of challenges, including concentration problems, fatigue, sensory sensitivities and social interactions.

Short online workshop

26 June 2025 | 10 - 11.30am

ESSENTIAL EMPLOYMENT LAW FOR MANAGERS

This new and improved workshop is designed to help you tackle common HR issues with confidence. You'll learn how to navigate complex areas like equality, diversity, and disciplinary procedures. Through interactive case studies and exercises, you'll develop the skills to identify potential problems, implement effective solutions, and minimise legal risks.

Half-day online workshop

25 September 2025 | 10 - 1.00pm

EMPOWERING EMPLOYEE REPRESENTATIVES: A PRACTICAL GUIDE

Are you unsure of your rights and responsibilities as an employee representative? This workshop provides you with the tools to overcome common challenges and become a more confident and effective advocate for your colleagues. You'll learn how to communicate effectively, negotiate effectively, and resolve disputes.

Short online workshop

16 October 2025 | 10 - 11.30am



Our trainers



Claire Sleep
Partner
claire.sleep@ashtonslegal.co.uk
01223 431094



Jessica Piper
Senior Associate
jessica.piper@ashtonslegal.co.uk
01603 703073



Robert Hickford
Partner
robert.hickford@ashtonslegal.co.uk
01603 598157



Felicity Sparkes
L&D Advisor
felicity.sparkes@ashtonslegal.co.uk
01473 261304

What next?

Courses can be booked online here:
www.ashtonslegalevents.eventbrite.com

For further information and questions about discounts for group bookings, please contact:

Sandra Stickney
sandra.stickney@ashtonslegal.co.uk
01223 431081

Costs

Short online courses - £70 + VAT
Half-Day courses - £145 + VAT

Bespoke training

We are able to offer any of these courses to your business at any time. We can tailor our training to your business and your specific needs. Please get in touch with our team to discuss your requirements.



More information

We would be delighted to discuss how we can help you and your clients. Please contact us:

The Long Barn
Fornham Business Court
Bury St Edmunds
Suffolk IP31 1SL

E: enquiry@ashtonshrconsulting.co.uk
T: 0800 915 6037